

Part of the Band

FULL CIRCLE OF SUPPORT FOR WEIGHT LOSS PATIENTS

Recent reports estimate that nearly one in every four adults in England is obese. But 97.5% of patients who could benefit from weight loss surgery do not receive treatment through the NHS due to limited availability. This means that many people will have to consider how they can improve their own health and wellbeing in other ways.

However, CircleBath hospital is taking significant steps to successfully support patients considering weight loss surgery.

The support a person receives when they are trying to achieve a goal can have a huge impact on their success and it is this approach which makes CircleBath's weight loss surgery service different to most, according to the hospital's Lead Specialist Nurse Michele Phillips.

She and her colleague, Gillian Jones, also a Specialist Nurse, work closely with the hospital's Weight Loss Surgeon and Clinical Dietitian to create a support network for patients considering weight loss surgery, also known as bariatric surgery.

"The greatest benefit for patients is that CircleBath offers unlimited, free nursing support to any patient choosing to have

weight loss surgery at the hospital," explains Michele.

The support programme also includes a no-obligation initial assessment to determine whether weight loss surgery is suitable for an individual.

For Mr Richard Krysztopik, CircleBath's Weight Loss Surgeon, this unlimited clinical advice and support will offer many patients a positive long term benefit:

"Weight loss surgery, such as having a gastric band or gastric balloon fitted or having gastric bypass surgery, is a serious undertaking.

"Considerable effort and long term commitment is required by the patient. So it's important for them to know that they have good access to clinical advice, not only before a procedure but also as they adapt to a new lifestyle," he explains.

CircleBath's Dietitian, Anne Holdoway, who works with each patient before and after surgery, adds:

"With careful selection and the right approach, attitude and support, bariatric surgery can be a successful way to manage weight and live a healthier and more fulfilling life." **BL**

What is gastric banding?

Gastric banding is one of the most popular types of weight loss surgery. An inflatable silicon ring is fitted around the stomach. The band is used to control the amount of food passing from the stomach into the digestive tract.

Who can have it done?

Patients must fall within a particular weight range, typically with a Body Mass Index (BMI) of 35 or more.

Why CircleBath?

The state of the art hospital, with its five star hospitality, offers unlimited nursing care and advice for weight loss surgery patients. It also does not use a call centre so you'll always be able to speak with someone directly involved with your treatment.



For more information on weight loss surgery contact Michele or Gillian on 01761 422222 or 07514 286578. www.circlebath.com



The weight loss surgery team at CircleBath hospital: Specialist Nurses Gillian Jones and Michele Phillips, Weight Loss Surgeon Mr Richard Krysztopik and Clinical Dietitian Anne Holdoway.